



Music Therapy Internship Acceptance Standards

In order to begin the music therapy internship at Mary Cariola Center, an applicant should have the following abilities/characteristics:

A. Musical

- Good command of basic piano/keyboard skills, including ability to play basic chord progressions (I-IV-V-I) in all keys; ability to sight read simple compositions and song accompaniments; transpose simple songs; harmonize simple melodies
- A singing voice with pleasing quality; ability to lead songs by providing introductory cues, starting pitch, and correct pitches and rhythm
- Good command of guitar skills including ability to play basic chord progressions (I-IV-V-I) in keys of C, D, E, G, and A; transpose simple songs and harmonize simple melodies

B. Therapeutic Skills

- Basic understanding of the philosophies and theoretical concepts of music therapy
- Basic understanding of behavior management principles & techniques
- Willingness to learn how to apply the theoretical concepts of music therapy in a school setting with students, ages 3-21, diagnosed with a wide range of disabilities

C. Communication Skills

- Ability to communicate in a clear, organized manner, both written and verbally

D. Professional Qualities

- Responsible, dependable, organized, and flexible
- Able to accept and apply constructive feedback, critically self-evaluate, and work with a wide range of individuals



APPLICATION FOR MUSIC THERAPY INTERNSHIP

The following items may be submitted electronically or by post to:

Jennifer Trimble Ford, MM, MS, MT-BC
Mary Cariola Center
1000 Elmwood Ave.
Rochester, NY 14620
(585) 217-0761
e-mail: jford@marycariola.org

1. Academic transcript from all colleges/universities attended
2. Two letters of recommendation addressing the clinical, communication, musical skills and professional demeanor of the applicant.
 - one from academic director, including statement of eligibility to begin internship
 - one from a practicum supervisor, employer, or other professional
3. Current resume
4. Personal Contact Information Form (below)
5. Two examples of your clinical documentation (goals and objectives, SOAP notes, progress report, etc.)
6. A short essay answering the following questions:
 - What led you to pursue a career in Music Therapy?
 - Why are you interested in doing your internship at Mary Cariola Center?
 - What strengths (musical, professional, and personal) would you bring to this internship?
 - What skills (musical, professional, and personal) would you like to improve through this internship experience?

Interview process: After all materials are received, applications will be reviewed and selected applicants will be contacted. A final on-site interview will be required so that the prospective intern can see the facility and make an informed decision regarding acceptance should they be selected. An assessment of functional music skills, demonstrating the ability to lead a simulated music therapy session will be required. Each applicant will be notified in writing regarding the status of their application.

Internship start dates and application deadlines:

Late August to mid to late June. Application should be received no later than March 1st



MUSIC THERAPY INTERNSHIP PERSONAL CONTACT INFORMATION

Name _____

Address _____

Permanent Address (if different from above): _____

Phone Number(s) _____ E-mail _____

College/University _____

Current Academic Status: Undergraduate Graduate Student Equivalency Student

Academic Director _____

Director Phone _____ Email _____

Number of Clinical Hours Completed _____

Date academic work will be completed _____

Major instrument and number of years studied _____